



## Thanksgiving Dinner Program Sponsor Information

Thank you for participating in this year's **Thanksgiving Dinners Program!**

Due to continued COVID health concerns we ask that when delivering meals, you practice social distancing, wear a mask, and do not go inside the home.

Please contact the family when you receive their profile to verify the address and set a date and time for you to deliver the meal, and please inform the social worker that you have made arrangements to deliver their client's meal.

In cases where the sponsor is unable to reach the family, contact the social worker to make arrangements to the meal to the social for them to deliver.

If sponsor is unable to get in contact with the social worker, contact the Triangle Nonprofit & Volunteer Leadership Center: Betty Njaramba, [betty@tnvlc.onmicrosoft.com](mailto:betty@tnvlc.onmicrosoft.com).

- Sponsors are asked to provide a hearty and nourishing meal to the families they have agreed to sponsor. A complete meal at a minimum consists of the following:
  - **Meat**- turkey, ham, Chicken, Cornish hens, etc.
  - **1-2 Vegetables**- green beans, carrots, spinach, broccoli, greens, etc.
  - **1 Starch**- pasta, rice, potatoes, etc.
  - **Bread**- dinner rolls, biscuits, cornbread mix, etc.
  - **Dessert**- cake mix (icing), bakery cakes, pies, etc.
  - **Beverage**- tea, lemonade, juice, etc.
- **Please note: If you are providing a meal for a small family of 1 – 2, you can include a roaster, chicken or Cornish hens instead of a turkey.**

**UNCOOKED** must be delivered **no later than** Friday, November 22 **OR** make alternate date arrangements with family and inform social worker.

- **COOKED** meal must be delivered **by** Tuesday, November 26 or Wednesday, November 27 **OR** make alternate date arrangements with family and inform social worker.
- **Cooked meals must be purchased from a licensed facility such as your favorite restaurant or grocery store. The laws of North Carolina strictly prohibit you from preparing these meals in your home.**