Thanksgiving Dinner Program Sponsor Information

Thank you for participating in this year's **Thanksgiving Dinner Program!**

IMPORTANT: In addition to providing the Thanksgiving meal, ALL sponsors are also expected to deliver the meal to the families they have sponsored.

Please contact the family when you receive their profile to verify the address and set a date and time for you to deliver the meal. Please inform the social worker once you have arranged to deliver their client's meal. All contact information is located on the Family Profile.

If you are unable to reach the family, contact the social worker first. Social workers are the best point of contact to the family and they can make arrangements to pick up and deliver to their client. If you are unable to get in contact with the social worker, contact Betty Njaramba at (919) 321-6926 or betty@thevolunteercenter.org.

Sponsors are asked to provide a hearty and nourishing meal to the families they have agreed to sponsor. A complete meal at a minimum consists of the following:

- **Meat:** Turkey, ham, chicken, Cornish hens, etc. *(Note: If you are providing a meal for a small family of 1-2, you do not need to include a turkey.)*
- **1-2 Vegetables**: Green beans, carrots, spinach, broccoli, greens, etc.
- **1 Starch**: Pasta, rice, potatoes, etc.
- **Bread**: Dinner rolls, biscuits, cornbread mix, etc.
- **Dessert**: Cake mix (with icing), bakery cakes, pies, etc.
- **Beverage**: Tea, lemonade, juice, etc.

Cooked meals must be purchased from a licensed facility such as your favorite restaurant or grocery store. The laws of North Carolina strictly prohibit preparing these meals in your home.

ALL MEALS must be delivered no later than Wednesday, November 25 OR make alternate arrangements with the family or social worker. Please inform TNVLC and the social worker if alternate arrangements are made.