

April 2026



Seniors Serve Durham



**The official newsletter of Durham's
Retired Senior Volunteer Program**

From the Desk of Amanda

This past March, we had the joy of celebrating YOU at our RSVP Volunteer Recognition Event! One of the highlights for Cindy and me was listening to volunteers meet one another, share their experiences, and learn about the incredible range of organizations where our RSVP family serves. Thank you to all who were able to join us — moments like these remind us what a strong and caring community we have.

RSVP Group Volunteer Opportunity

Join fellow RSVP volunteers as we work together to help sort and bundle children's clothes. No heavy lifting and tasks may be completed sitting or standing. The next one is:

Welcome Baby Wednesday, April 15 from 10-12. Please note that we will meet the 3rd Wednesday instead of the 4th. [Sign up here!](#)

If you have not connected with one of our 40+ stations and would like to learn more about volunteering with one of them, please reach out to me or visit [HandsOn Triangle](#). There are many volunteer opportunities out there and I would be happy to help you find a good place to serve!

Reach me by email at amanda@thevolunteercenter.org or by phone at (919) 321-6932. Amanda Stoen



Community Opportunities

Meals on Wheels

Meals on Wheels offers a variety of volunteer opportunities to make lasting impacts on older adults in the community. You can deliver meals—and smiles—to clients each weekday, help pack and load meals onto delivery vehicles, or even check in on seniors in the comfort of your own home. They have something for everybody!

Meal Delivery Driver

- Deliver meals to seniors throughout Durham County.
- Available Monday to Friday. Arrive to MOWD facilities (2522 Ross Rd Durham) to pick up meals between 9:30 am - 10:30 am and allow 1.5 - 2 hours for delivery.
- Volunteers can get scheduled to come just once, once a week, once a month, or as often as they would like.
- Must use or have access to a vehicle and gas to make deliveries. Must also be able to download and use their Mobile Meals app to navigate your routes.

Remote Wellness Caller (Wed & Fri)

- Call seniors in Durham. You can call from anyplace you have access to the internet and a computer.
- Calls are made on Wednesdays and/or Fridays from your remote location.
- You will receive that day's wellness call spreadsheet via email at 8am. Calls can be made between 9am and noon.

Inside Helper

- Inside helpers assist with various operational tasks during meal distribution.
- The opportunity is available Monday-Friday from 8am-11am.

Volunteer!



Questions? Email Amanda at amanda@thevolunteercenter.org

Digital Navigator Volunteers and Participants

The Triangle Nonprofit & Volunteer Leadership Center will be leading a Digital Navigator course in April. Volunteers are needed to serve as a peer tutor, helping senior adults navigate using a computer/smartphone, accessing online resources, and

gaining overall comfort with technology. No advanced tech experience is needed. Just patience, a willingness to help, and a positive attitude!

While it's preferred that volunteers attend all of the sessions, you are welcome to participate in any session based on your availability.

Every session is from 3:00pm - 4:30pm.

Session dates are as follows:

Thursday, April 9th

Thursday, April 16th

Tuesday, April 21st

Thursday, April 30th

The course will be held at the Durham Center for Senior Life - 406 Rigsbee Ave, Durham, NC 27701.

If you are interested in volunteering or participating in the Digital Navigator course, please contact Audrey Pippin at intern@thevolunteercenter.org.

Volunteer!



Questions? Email Amanda at amanda@thevolunteercenter.org

Families Moving Forward

Rock the Block - April 11, 2026

Rock the Block is their Annual Day of Service at Families Moving Forward! You are invited to come together as a community to help families and share in a day of celebration and collaboration. Volunteers will help renovate and beautify the property for families who call this place home . . . temporarily.

This year's event will be rocking the block April 11th - be sure to save the date to join them! Volunteer opportunities will be available soon; they'll have both indoor and outdoor projects, projects for the handy and not! Join them to help make the FMF facilities look and feel homey.

For more information or to sign up to volunteer, please contact Maryn Leonard at maryn@fmfnc.org.



Swim for Charlie

Swim for Charlie equips second grade students in Durham and Orange counties with life-saving water safety skills. Since the program's inception, Swim for Charlie has served 4,500 second grade students – representing 27 schools and 8 host pools.

Volunteer instructors are needed to teach second grade Durham Public Schools students basic water safety and swimming skills. Each second grade student has 8 lessons over a 2-week period. Instructors are given a detailed handbook and go through a training session. Laminated teaching aids are available poolside during the lessons.

Instructor requirements are the ability to do a front to back float, a basic (elementary) backstroke, front crawl (freestyle) stroke, and tread water. Instructors should have a desire to teach elementary school children, be patient and kind. Instructors will need to complete a free online Durham Public Schools background check. This is a very rewarding experience for both the second grade students and the instructors.

Volunteer!



Museum of Durham History

Family Fun Day - April 11, 2026

The Museum of Durham History is hosting a Family Fun Day on Saturday, April 11 from 10-2. Volunteers are needed to help make this event possible. Volunteers are needed to help during the event as well as set up and clean up.

You are welcome to bring your family to this engaging and FREE event where you can learn, play and explore Durham's amazing history. Local universities and businesses will set up shop at the Museum for the Science Family Fun Day which is part of their public programming for *Made in the Triangle: The Story of RTP!* Attendees can expect a vibrant mix of activities spanning science, technology, engineering, nature, and innovation, with no strict theme, just a shared passion for discovery.

To volunteer or for more information, please contact Erin Smith Lee at

MUSEUM *of* DURHAM HISTORY

Questions? Email Amanda at amanda@thevolunteercenter.org

HandsOn Triangle Update

[HandsOn Triangle](#) has changed the login process. Here is a [short video](#) on how to login using the new process. Once you are logged in, HandsOn Triangle should look the same and you can search and respond to volunteer needs as well as enter your volunteer hours. If you need help tracking your volunteer hours, please let me know.

As part of our AmeriCorps Seniors RSVP grant, we are required to report volunteer hours as part of the program. Some of our partner stations use their own volunteer tracking system and that is great! Others do not track hours or they may use HandsOn Triangle for tracking. If you are not sure what your volunteer site uses, check with the volunteer coordinator.

THANK YOU for helping us track volunteer hours and report the impact that YOU make in Durham!

Community Events

April Events:

4/8 - [SEEDS Volunteer Workday](#)

4/16-19 - [Full Frame Documentary Film Festival](#)

4/18 - [Butterfly Art @ Museum of Life & Science](#)

4/20-5/7 - [Durham Senior Games](#)

4/25 - [DCSL Young at Heart Gala](#)

Mark your calendars:

2026 - [Retro Film Series](#)

5/29 - [Feed The Need Gala](#)



A few photos from our Volunteer Recognition Event!





We want to hear from YOU!

The next time you volunteer, take a photo and send it to Amanda Stoen amanda@thevolunteercenter.org.

Thank you for all you do!

