

June 2026

Seniors Serve Durham



**The official newsletter of Durham's
Retired & Senior Volunteer Program**

From the Desk of Amanda

Welcome summer! For many of us, summer is a time to slow down and take some time off from the usual day to day happenings. We're reminded of the beauty of this season, longer days, fresh energy, and new opportunities to connect with one another. It's a wonderful time to step outside, enjoy the sunshine, and appreciate the small moments that bring us joy. In our community, it's the everyday kindness, shared smiles and conversations that make a meaningful difference. Thank you for your continued support of our community through your volunteer work. You make a difference every day!

Nonprofit Auction

This month, The Triangle Nonprofit & Volunteer Leadership Center will host our Bid For Better nonprofit auction. The auction is online only and will take place from June 5 - 15. Each participating nonprofit keeps 100% of the proceeds from its auction items. Keep scrolling to learn more and to read the list of participating nonprofits.

RSVP Group Volunteer Opportunity

Join fellow RSVP volunteers as we work together to help sort and bundle children's clothes. No heavy lifting and tasks may be completed sitting or standing. The next one is:

Welcome Baby Wednesday, June 17 from 10-12. [Sign up here!!](#)

SAVE THE DATE!

Volunteer of the Year Celebration

On July 8, 2026, we will honor outstanding volunteers and community leaders through recognition of Governor's Volunteer Service Award recipients, Key Volunteer Award winners and special recognitions highlighting extraordinary service across our region. It will take place at the **Durham Performing Arts Center on Wednesday, July 8, 2026 from 2:00-4:00 pm.** You are invited to join us as part of this celebration. More information to come. We are also looking for volunteers to assist with the event.

Volunteer!

If you have not connected with one of our 40+ stations and would like to learn more about volunteering with one of them, please reach out to me or visit [HandsOn Triangle](#). There are many volunteer opportunities out there and I would be happy to help you find a good place to serve!

Need to update your information? [Click here!](#)

You can reach me by email at amanda@thevolunteercenter.org or by phone at (919) 321-6932. Amanda Stoen



Featured AmeriCorps Seniors RSVP Station

Durham Center for Senior Life

Located in the heart of Downtown Durham, The Durham Center for Senior Life is a hub of programs and services designed to empower and enrich the lives of older adults in the community. The mission of the Center is to enrich the lives of older adults by promoting healthy, active, and independent lifestyles. Adults 55 years and older and are residents of Durham County may receive a free membership. The Center averages about 200-250 people per day who take part in a variety of programming, social groups and support services.

Nearly all of the programming offered is free which includes the arts, language, and exercise classes. Sometimes people need a little extra assistance and the Center supports them with services including Shop & Grab, their food pantry and DCSL EATS. The Center also offers resources for caregivers and they partner with services like notaries on site and healthcare professionals to share health information. They also

operate the only Adult Day Health Center in Durham for adults who are not able to live independently.

Volunteers help make the Center run. Most of their programming is led by volunteers and volunteers also assist in serving meals and their food pantry. Volunteers lead their exercise classes and sort donations for the food pantry. The Center also relies on volunteers to support the Adult Day Center to socialize as singing leaders, activity leaders, and through participating in special events. Volunteer time commitments vary and start from just one hour a week. Check out their [website](#) or click on the Volunteer button below to learn more about their volunteer opportunities.

Volunteer!



Community Opportunities

SEEDS

Founded in 1994, SEEDS is a two-acre urban garden and kitchen classroom in the heart of Durham. SEEDS develops the capacity of young people to respect life, the earth, and each other through growing, cooking, and sharing food.

Over the years, SEEDS has grown and developed to meet the changing needs of the community, particularly by adding programs for children and youth. Since the beginning, volunteers have fueled SEEDS' development and expansion. Volunteers have helped to build raised beds for community gardeners, add compost bins, tutor children in SEEDlings, and work side-by-side with teenagers harvesting organic produce. Throughout their decades-long history, a deep respect for life, the earth, and one other has remained at the heart of SEEDS.

To learn more about volunteer opportunities, please visit their [website](#) or contact them at info@seedsnc.org.

Volunteer!



Questions? Email Amanda at amanda@thevolunteercenter.org

The Triangle Nonprofit & Volunteer Leadership Center

The Triangle Nonprofit & Volunteer Leadership Center is proud to present **Bid For Better**, a one-of-a-kind online auction that brings together more than a dozen Triangle-area nonprofits working across a wide range of missions and community needs.

Each participating organization retains **100% of the proceeds** from its auction items, ensuring that every bid directly supports local programs and services. This is more than an auction—it is a shared opportunity to strengthen the nonprofit sector while shining a light on the essential work happening across our region.

The online auction opens **June 5 and runs through June 15**, giving bidders 10 days to explore a curated collection of unique items and experiences. From one-of-a-kind offerings to local experiences and specialty packages, each item represents a chance to give back while receiving something meaningful in return.

Bidding takes place on the **BetterWorld** platform, making it easy to participate from anywhere and support the causes you care about most. Participating nonprofits include African American Quilt Circle, Digital Durham, FIGS of Wake County, HD Reach, Hope Connection International, NC Coalition Against Domestic Violence, Pauli Murray Center for History and Social Justice, Planning Ahead, Reality Ministries, Second Bloom of Chatham, Slice 325, SuitedNSuccess, and The Triangle Nonprofit & Volunteer Leadership Center.

[Click here to visit the auction](#). The auction will go live on June 5.



Questions? Email Amanda at amanda@thevolunteercenter.org

Durham County Cooperative Extension

FREE

DURHAM HUNGER DAY

Nourishing Neighbors

FREE
GIVEAWAYS

Sunday, June 7, 2026
Durham Central Park
501 Foster St
3-6pm
Everyone is Welcome

KIDS
ACTIVITIES

FOOD
TRUCKS



SCAN



N.C. COOPERATIVE EXTENSION IS AN EQUAL OPPORTUNITY PROVIDER.

Volunteer!



Questions? Email Amanda at amanda@thevolunteercenter.org

The Scrap Exchange

The Scrap Exchange is hosting their first Volunteer Night on Wednesday, June 24 from 6-8 pm in The Scrap Exchange's Design Center in their Reuse Arts Center. See the flyer below for more info.

There are many volunteer opportunities available Tuesday through Saturday. They are closed on Mondays. Additional volunteer opportunities can be found by clicking on the volunteer button below.

LOW DISTRACTION • LOW PRESSURE • PROCESS ORIENTED • FOCUS FRIENDLY

VOLUNTEER NIGHT

FOURTH WEDNESDAYS 6-8PM • ENTER THROUGH DESIGN CENTER DOORS



WANT TO VOLUNTEER AT THE SCRAP BUT FIND IT A LITTLE OVERWHELMING? WANT TO TRY OUT A FEW TASKS BEFORE MAKING A REGULAR COMMITMENT? THIS IS THE NIGHT FOR YOU!

FAMILY FRIENDLY! KIDS 12+, PLEASE. BRING A PAL OR ROLL SOLO. **PLUG IN, ZONE OUT, SORT, & VIBE**

Volunteer!



Meals on Wheels

Meals on Wheels offers a variety of volunteer opportunities to make lasting impacts on older adults in the community. You can deliver meals—and smiles—to clients each weekday, help pack and load meals onto delivery vehicles, or even check in on seniors in the comfort of your own home. They have something for everybody!

Meal Delivery Driver

Deliver meals to seniors throughout Durham County.

Available Monday to Friday. Arrive to MOWD facilities (2522 Ross Rd Durham) to pick up meals between 9:30 am - 10:30 am and allow 1.5 - 2 hours for delivery.

Volunteers can get scheduled to come just once, once a week, once a month, or as often as they would like.

Must use or have access to a vehicle and gas to make deliveries. Must also be able to download and use their Mobile Meals app to navigate your routes.

Remote Wellness Caller (Wed & Fri)

Call seniors in Durham. You can call from anyplace you have access to the internet and a computer.

Calls are made on Wednesdays and/or Fridays from your remote location.

You will receive that day's wellness call spreadsheet via email at 8am. Calls can be made between 9am and noon.

Inside Helper

Inside helpers assist with various operational tasks during meal distribution.

The opportunity is available Monday-Friday from 8am-11am.

Volunteer!



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Community Events

June Events:

5/27-7/25 - [American Dance Festival](#)

6/7 - [Durham Hunger Day](#)

6/13 - [SEEDS Volunteer Workday](#)

6/13 - [Summer Concert in the Park](#)

6/19 - [Juneteenth events](#)

Mark your calendars:

7/4 - [July 4th Celebration](#)

7/8 - Volunteer of the Year Celebration

May-Oct. - [Playlist Concert Series](#)



We want to hear from YOU!

The next time you volunteer, take a photo and send it to Amanda Stoen amanda@thevolunteercenter.org.

Thank you for all you do!

