

May 2026

Seniors Serve Durham



**The official newsletter of Durham's
Retired & Senior Volunteer Program**

From the Desk of Amanda

April 1 began Year 6 of the RSVP program sponsored by TNVLC! Cindy Heffner, RSVP Project Coordinator, and I have spent many months confirming our active volunteers, and I'm excited to share that we have over 110 RSVP volunteers serving the Durham community. Thank you for staying in touch with us. You can reach out to Cindy (cindy@thevolunteercenter.org) or me anytime to update information including adding/changing RSVP stations, contact information or interest in learning about a station.

RSVP Group Volunteer Opportunity

Join fellow RSVP volunteers as we work together to help sort and bundle children's clothes. No heavy lifting and tasks may be completed sitting or standing. The next one is:

Welcome Baby Wednesday, May 20 from 10-12. [Sign up here!](#)

If you have not connected with one of our 40+ stations and would like to learn more about volunteering with one of them, please reach out to me or visit [HandsOn Triangle](#). There are many volunteer opportunities out there and I would be happy to help you find a good place to serve!

Need to update your information? [Click here!](#)

You can reach me by email at amanda@thevolunteercenter.org or by phone at (919) 321-6932. Amanda Stoen



Community Opportunities

Inter-Faith Food Shuttle

Located between one of the most vulnerable census tracts and one of the most prosperous business districts in Durham, the **Geer Street Learning Garden** is a flourishing urban green space.

The garden has twelve vegetable beds, community garden beds, fruit trees, an outdoor kitchen, a small greenhouse, a vermicompost system, a perennial rain garden, a pollinator garden and areas for community gatherings...all on only a quarter-acre lot!

Conveniently located in Durham's urban food corridor, the garden neighbors include Reinvestment Partners, Farmer Foodshare, and an urban demonstration apiary managed by Bee Downtown. The heart of the Geer Street Learning Garden is the countless community partnerships we have built in Durham.

To learn more about Geer Street Learning Garden, click [here](#).

Volunteer!



Questions? Email Amanda at amanda@thevolunteercenter.org

Durham Center for Senior Life

Reception Desk Volunteer

The Durham Center for Senior Life is looking for a volunteer to work at the reception

and/or welcome desk. This volunteer will welcome participants to the Center, direct them to programming, and answer phones to take messages during evening hours from 5-7pm on Tuesdays and Thursdays. The Center will provide a tour and training so volunteers can be comfortable and confident when working with members.

Volunteer Role: PEAS Delivery Volunteer

The “PEAS (Providing Elders Additional Sustenance) Project” is a weekly prepared meal distribution initiative offered to help meet the nutritional needs of older adults.

- Deliver meals to **homebound older adults** who may be living with dementia, Alzheimer’s disease, or other conditions that make daily tasks challenging.
- **Commit to weekly Friday deliveries**; each volunteer will be assigned a consistent list of clients.
- Deliveries can be grouped by location (e.g., **Northern Durham, Southern Durham**) to best suit your comfort and availability.
- Maintain confidentiality and treat all participants with respect and compassion during each delivery.

Requirements:

- Must present a **valid driver’s license or photo ID** at the time of volunteering.
- Must have reliable transportation to complete deliveries.
- Must sign a **liability acknowledgment form**, noting that DCSL is not responsible for any accidents, vehicle damages, or incidents that may occur during deliveries.
- Commitment to punctuality, safety, and courteous communication.

For more information or to sign up to volunteer, please click the button below or contact [Eleana Shapiro-Albert](#).

Volunteer!



Questions? Email Amanda at amanda@thevolunteercenter.org

Welcome Baby

Thank you for supporting our work.

It means the  to us! 



April is Volunteer
Recognition Month



Cooperative Extension

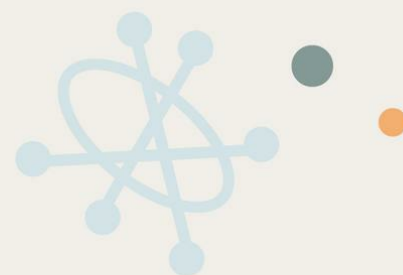
Difference Maker...

A dedicated person who can make a BIG
impact even with just a small action.

Someone who makes a difference in the lives of
others. That someone is YOU 

Museum of Durham History

FREE AUTHOR TALK EVENT



A TALK WITH THE AUTHORS: *MIRACLE ROAD*

Friday, May 1st | 6:00pm
the Conference Center, NC Biotech



MADE IN THE TRIANGLE:
THE STORY OF
RTP

MUSEUM *of*
DURHAM
HISTORY

The MoDH invites you to a special program on Friday, May 1 at 6pm, featuring authors Allen and Mack Paul in conversation about their forthcoming book, *Miracle Road: The Story of Research Triangle Park*. The event will take place at the North Carolina Biotechnology Conference Center and is free and open to the public.

This moderated talk will offer attendees a deeper look into the history of Research Triangle Park (RTP), one of North Carolina's most influential economic and cultural forces. The Pauls will discuss the origins and evolution of RTP, share insights into their research process, and explore the broader implications of the Park's development for the region and beyond.

Drawing from extensive archival work and years of research and interviews, *Miracle Road* examines how RTP emerged from a bold mid-20th-century vision to become a global center for innovation. The program will also provide a sneak preview of the book, offering audiences an early look at new perspectives on the Park's impact and legacy.

Research for *Miracle Road* served as a foundational resource for our current exhibit, [Made in the Triangle: The Story of RTP](#). This program also marks the culminating event of the exhibition, which remains on view at the Museum (500 W. Main St.) through May 10, 2026.



Meals on Wheels

Meals on Wheels offers a variety of volunteer opportunities to make lasting impacts on older adults in the community. You can deliver meals—and smiles—to clients each weekday, help pack and load meals onto delivery vehicles, or even check in on seniors in the comfort of your own home. They have something for everybody!

Meal Delivery Driver

Deliver meals to seniors throughout Durham County.

Available Monday to Friday. Arrive to MOWD facilities (2522 Ross Rd Durham) to pick up meals between 9:30 am - 10:30 am and allow 1.5 - 2 hours for delivery.

Volunteers can get scheduled to come just once, once a week, once a month, or as often as they would like.

Must use or have access to a vehicle and gas to make deliveries. Must also be able to download and use their Mobile Meals app to navigate your routes.

Remote Wellness Caller (Wed & Fri)

Call seniors in Durham. You can call from anyplace you have access to the internet and a computer.

Calls are made on Wednesdays and/or Fridays from your remote location.

You will receive that day's wellness call spreadsheet via email at 8am. Calls can be made between 9am and noon.

Inside Helper

Inside helpers assist with various operational tasks during meal distribution.

The opportunity is available Monday-Friday from 8am-11am.

Volunteer!



Questions? Email Amanda at amanda@thevolunteercenter.org

Featured RSVP Volunteer



This month, we're proud to recognize Andy Kintz as our RSVP Volunteer of the Month—a dedicated community member whose passion for service continues to make a lasting impact.

Andy spent 23 years as a chemist at LORD Corporation, where he didn't just build a career—he also built a habit of giving back. Throughout his time there, he stayed actively involved in volunteer efforts across the Triangle. When retirement came, Andy didn't slow down. Instead, a conversation with fellow volunteer Mike Sweeney led him to Amanda Stoen, opening the door to a new and exciting opportunity.

That opportunity was Bull City Workshop—a perfect fit for Andy, who has long turned to woodworking as a way to relax and recharge. What began as a hobby quickly evolved into a meaningful way to connect with others.

At Bull City Workshop, Andy has found his true joy: working with kids. Through hands-on classes that range from Level 1 to Level 4, he helps young learners build not only wooden projects but also confidence and independence. As the levels progress, so do the skills—culminating in the creation of more advanced pieces. Andy also welcomes adults into his classes, making the experience inclusive and enriching for all.

Andy is quick to credit Andrea Bowens, the founder of Bull City Workshop, for her

tireless efforts to grow the organization through fundraising and volunteer recruitment. He emphasizes that you don't need woodworking experience to get involved. From teaching to behind-the-scenes support—like sending birthday cards to fellow volunteers—every role matters. In fact, Andy notes that these small, thoughtful gestures can make a big difference, helping volunteers feel valued and appreciated for their time and commitment.

Thanks to volunteers like Andy, Bull City Workshop continues to thrive as a space where skills are built, confidence is nurtured, and community connections grow stronger every day.

Community Events

April Events:

5/16 - [SEEDS Queen Bee Bash](#)

5/16 - [Bimbe Cultural Arts Festival](#)

5/16-5/17 - [Preservation Home Tour](#)

5/29 - [Feed The Need Gala](#)

5/30 - [Harvesting & Seed Saving](#)

Mark your calendars:

2026 - [Retro Film Series](#)

May-Oct. - [Playlist Concert Series](#)



We want to hear from YOU!

The next time you volunteer, take a photo and send it to Amanda Stoen amanda@thevolunteercenter.org.

Thank you for all you do!



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